CENTRE  ………………………

LAST and FIRST NAME  …………………………………………………….

Personal Number

Study

Sample

Date of compilation of the form

DAY  MONTH  YEAR

Reminder: the 6-MWT must be performed before the bronchodilator or methacholine challenge. The patient should sit at rest in a chair, located near the starting position, for at least 10 minutes before the test starts. During this time check for contraindications (see exclusion criteria), measure pulse (resting heart rate < 120) and blood pressure (systolic b.p. <180 mmHg and diastolic b.p. <100 mm Hg).

Heart rate

Saturimetry (%)

Systolic blood pressure (mmHg)

Diastolic blood pressure (mmHg)

Each time the participant returns to the starting line, mark the lap here:

<table>
<thead>
<tr>
<th>number of laps (……….. meters) completed</th>
<th>(check a box any time a lap is completed)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td>21</td>
<td>22</td>
</tr>
</tbody>
</table>

additional distance covered* (in meters): ……………………………

Total distance covered* : ……………………………………….

* Please, fill in these fields even if the patient stops before the 6 minutes are up and refuses to continue (or you decide that they should not continue); additionally, note the following information:

minutes to go when the test was stopped …………………

reasons for stopping the test …………………………………………………………………………………………………………………..
If the patient has not performed the test, check one (or more) of the following options:

The subject:

1) has refused to performed the test
2) is disabled from walking by a condition other than heart or lung disease
3) has had a heart attack in the last three months
4) has any heart disease for which he/she is taking medication
5) he/she is taking medication for epilepsy
6) is pregnant or breast-feeding
7) is taking a beta-blocker for any reason (including eye drops)
8) has a resting heart rate of more than 120
9) has systolic blood pressure of more than 180 mmHg and/or diastolic blood pressure of more than 100 mmHg
10) other (specify) ...................................................................................................................